



2019

AUGUST

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST			Welcome	EINNAMON TOAST CRUNCH BAR FRUIT ASSORTMENT JUICE MILK	9 FRENCH TOAST STICKS FRUIT ASSORTMENT JUICE MILK
LUNCH #			Welcome Back!	SPAGHETTI AND MEATBALLS GARLIC TOAST BROCCOLI FLORETS BANANA MILK	HAMBURGER OR TURKEY HOT DOG SWEET POTATO CRINKLE FRIES SHREDDED LETTUCE SOUR CHERRY FRUIT FREEZE MILK
SNACK				NAT'R VALLEY CRISPS (CINNAMON) BERRY-LEMON SWIRL JUICE CUP DAY 1	CHOC FROSTED MINI WHEATS MILK (WHITE VARIETY) DAY 2
BREAKFAST	WHOLE GRAIN CEREAL FRUIT ASSORTMENT JUICE MILK	WAFFLE AND CHICKEN SANDWICH FRUIT ASSORTMENT JUICE MILK	MINI CINNIS FRUIT ASSORTMENT JUICE MILK	HOMEMADE PUMPKIN MUFFIN FRUIT ASSORTMENT JUICE MILK	YOGURT GRANOLA FRUIT ASSORTMENT JUICE MILK
LUNCH 🏶	PILLOW PULL APARTS MARINARA SAUCE CARROT STICKS APPLESAUCE MILK	"MAC AND SMACK" CUCUMBER COINS RANCH ORANGE WEDGES MILK	FRENCH BREAD CHEESE PIZZA RANCH GARDEN SALAD WITH CARROTS DICED PEACHES MILK	TURKEY GRAVY MASHED POTATOES WHOLE WHEAT ROLL CORN APPLE SLICES MILK	BAKED CHIPS WITH GOLDEN QUESO REFRIED BEANS SHREDDED LETTUCE SOUR CREAM AND SALSA KIWI STRAWBERRY SIDEKICK MILK
SNACK	TEDDY GRAHAMS MILK (WHITE VARIETY) DAY 3	FRESH APPLE MILK (WHITE VARIETY) DAY 4	CINNAMON GRIPZ GRAHAMS MILK (WHITE VARIETY) DAY 5	WHITE CHEDDAR CHEETOS APPLE JUICE (6 FL OZ) DAY 6	BANANA MILK (WHITE VARIETY) DAY 1
BREAKFAST	MHOLE GRAIN CEREAL FRUIT ASSORTMENT JUICE MILK	20 BEEF SAUSAGE AND CHEESE BAGEL FRUIT ASSORTMENT JUICE MILK	STRAWBERRY PANCAKE BOWL FRUIT ASSORTMENT JUICE MILK	HOMEMADE BLUEBERRY MUFFIN FRUIT ASSORTMENT JUICE MILK	BREAKFAST EGG AND CHEESE TAC-GO FRUIT ASSORTMENT JUICE MILK
LUNCH #	MOZZARELLA CRUNCHERS BROCCOLI FLORETS CARROT STICKS FRESH PEAR MILK	MANDARIN ORANGE CHICKEN CHOW MEIN NOODLES EDAMAME AND CORN ORANGE WEDGES MILK	BLAZIN BUFFALO CALZONE CELERY STICKS RANCH DICED PEARS MILK	LASAGNA ROLLUP GARLIC TOAST CARROT STICKS BANANA MILK	CHICKEN BITES SHOESTRING FRENCH FRIES CUCUMBER COINS PEACH MANGO CUP MILK
SNACK	WG GRAHAM CRACKERS APPLE JUICE (6 FL OZ) DAY 2	YOGURT (60Z) (VARIETY) MILK (WHITE VARIETY) DAY 3	FROSTED MINI WHEATS MILK (WHITE VARIETY) DAY 4	WHITE CHEDDAR CHEETOS MILK (WHITE VARIETY) DAY 5	FRESH PEAR MILK (WHITE VARIETY) DAY 6
BREAKFAST	WHOLE GRAIN CEREAL FRUIT ASSORTMENT JUICE MILK	27 EGG AND CHEESE ON ENGLISH MUFFIN FRUIT ASSORTMENT JUICE MILK	28 STRAWBERRY CRISP BAR FRUIT ASSORTMENT JUICE MILK	HOMEMADE BANANA MUFFIN FRUIT ASSORTMENT JUICE MILK	MINI MAPLE PANCAKES FRUIT ASSORTMENT JUICE MILK
LUNCH #	BEAN AND CHEESE BURRITO SALSA BROCCOLI FLORETS APPLESAUCE MILK	BBQ PULLED TURKEY SANDWICH COWBOY BEANS COLE SLAW ORANGE WEDGES MILK	CHICKEN AND WAFFLE POTATO WEDGES CARROT STICKS MANDARIN ORANGES MILK	CHICKEN DRUMSTICK PASTA SALAD CUCUMBER COINS GREEN BELL PEPPER SLICES APPLE SLICES MILK	CHEESE OR PEPPERONI PIZZA ITALIAN GARDEN SALAD MANGO FRUIT FREEZE MILK
SNACK	CHEX MIX (STRAWBERRY-YOGURT) MILK (WHITE VARIETY) DAY 1	WG CHEEZ-IT'S (CHEDDAR) MILK (WHITE VARIETY) DAY 2	GIANT VANILLA GOLDFISH MILK (WHITE VARIETY) DAY 3	CINNAMON APPLESAUCE MILK (WHITE VARIETY) DAY 4	TOSTITO'S SCOOPS & SALSA MILK (WHITE VARIETY) DAY 5

MENUS ARE SUBJECT TO CHANGE

 $A\ choice\ of\ 1\%\ White,\ Non-Fat\ Chocolate,\ Non-Fat\ Strawberry,\ and\ Non-Fat\ Vanilla\ milk\ is\ offered\ daily.$

BREAKFAST
Breakfast is currently free of charge to students due to participation in Special Assistance Programs and Breakfast in the Classroom.

100% Apple or Orange Juice is offered daily for breakfast.

Pork will be served on the following menu items:
8/30/2019 Lunch Pepperoni Pizza

*Salad Bar is offered at Middle Schools on selected days. All five food components are offered: Fruit, Vegetables, Grains, Meat/Meat Alternate, and Fluid Milk. Please check with your Café on the specific days.

WEEKLY BI-WEEKLY MONTHLY (4 WEEKS) LUNCH DAILY Students, Paid \$2.40 \$12.00 \$24.00 \$48.00 Students, Reduced* \$ 2.00 \$ 4.00 \$ 8.00 Adults Full: \$3.55 Mini: \$ 2.80

 * Some students qualify for free or reduced meals under the U.S.D.A. guidelines.

You may complete an online application or pay for meals at https://family.titank12.com/6TR85Q Advance weekly or monthly payments are encouraged during breakfast to speed up lunch lines.